TUSD Dental Health Services:

♦ Referral for free dental care to treat acute dental pain to eligible students to local dentists

♦ Sealant Program funded by AZ Dept. of Health for 2nd & 6th grade students

♦ Mobile dental care by local dentists at your child’s school

♦ Fluoride Mouth rinse Program-Tucson’s water is without fluoride. This program provides the fluoride needed for dental protection to grow strong and health teeth.

The health of a child’s mouth affects the child’s overall health and their ability to attend school. Students need to attend school to be successful. If your child is in need of dental care and you do not have insurance; or have insurance but need help finding a dentist, let us know.

Questions?

Call Tina McCarty at 520-225-3284

Or

Contact your school health office

Nikki Stefan,
Director of School Health Services
Nikki.Stefan@tusd1.org

Laura Lichtenwalner
Coordinator of School Health Services
laura.lichtenwalner@tusd1.org

Nancy Anderson, Special Needs Resource Nurse
nancy.anderson@tusd1.org

Kathy Stinely, Communicable Disease Resource Nurse
kathy.stinely@tusd1.org

Penny Cuffe, Emergency Preparedness Resource Nurse
penny.cuffe@tusd1.org

Tina McCarty, Administrative Assistant
christina.mccarty@tusd1.org

Sharon Edwards, Office Manager
sharon.edwards@tusd1.org

102 N. Plumer
Tucson, AZ 85719
Telephone: (520) 225-3284
FAX: (520) 225-3201
Screenings Provided:

Hearing Screening
- State mandated
- Yearly per state requirements

Vision Screening
- TUSD health services mandated
- Yearly per state recommendations

Heights and Weights
- Elementary schools
- Will also be performed per parent/staff request

School nurses are guided by the rules and guidelines of various agencies. Including:

- Arizona Nurse Practice Act
- National Association School Nurses
- American Academy of Pediatrics
- Healthy People 2020
- Pima County Health Department
- Arizona Department of Health Services
- Every Student Succeeds Act
- Individuals with Disabilities Education Act
- Section 504/ADA

School Nurse Services

Management of children with special health needs

IEP: health consultation and health needs planning with IEP team

504: health consultation and planning for medical 504’s

Chronic Medical Certification: coordination of physician’s certificate and instructional plan

Emergency Health Plans
- Asthma
- Diabetes
- Life threatening allergic reactions
- Seizures
  (other behavioral and medical health conditions as needed)

Caring for ill and injured students

Immunizations
- Interpretation
- Referral
- State data base

Disease outbreak management

Flu surveillance

Management of medications
- Prescription
- Over the counter

Emergency and chronic medical care
- Implementing and adhering to physician’s orders/Medical Care Plans
- Training school personnel on medical procedures to ensure children’s medical needs are met during the school day

Nursing assessment, referral and resources for acute and chronic medical conditions

TUSD Medication Policy

It is our goal to work with parents and students to make certain that medications are given in a safe manner. If your child needs to receive medication at school, please contact the school health office. Students may not carry their own medications in school (emergency medication exceptions noted below).

Please note:

- All medications (including inhalers) must be ordered by your primary care provider licensed to prescribe in Arizona.
- All medications must be the original prescription bottle/box with a pharmacy label.
- A signed medication permission form is required.

Emergency Medications that Students may Carry and Self-Administer:
- Epinephrine injector
- Inhaler
- Insulin
- Glucagon

All TUSD Schools participate in the laws allowing school nurses to train staff in administering two life saving medications.
- Epinephrine Auto Injections for severe allergic reactions
- Albuterol Inhaler for respiratory distress/difficulty breathing

Talk with the school nurse and health assistant for detailed medication policies and procedures.