


Monday

Tuesday

Wednesday

Thursday

Friday

<p>October-30</p> <p>Whole Grain Pancakes with Syrup Fruit Yogurt</p>	<p>October-31</p> <p>Whole Grain Banana Bread Low Fat Pork Breakfast Sausage</p> <p>** Mini Bagel & Cream Cheese offered with Fruit Yogurt, Fruit or Juice, and Milk available Daily at Breakfast **</p>	<p>November-1</p> <p>Whole Grain Cinnamon-Oat Breakfast Bar String Cheese</p>	<p>November-2</p> <p>Whole Grain Cinnamon French Toast Fruit Yogurt</p>	<p>November-3</p> <p>Whole Grain Blueberry Breakfast Bar Scrambled Eggs</p>
<p>Chicken Patty Sandwich Crispy Whole Grain Chicken Patty on Whole Grain Bun with Lettuce & Tomato on the Side</p> <p>Double Cheese Quesarrito Cheddar & Mozzarella Cheese Stuffed, Whole Grain "Quesarrito" -- A Delicious Quesadilla that looks like a Tasty Rolled Burrito - with Mild Green Chilies</p>	<p>Strawberry & Yogurt Parfait Sweet Strawberries Layered with Vanilla Yogurt and Whole Grain Cinnamon Granola. Offered with String Cheese at Lunch time</p> <p>Pepperoni & Cheese Calzone Whole Grain calzone filled with "Pepperoni", Mozzarella & Parmesan Cheeses, and Zesty Italian Tomato Sauce (*made with beef)</p>	<p>Pizza Pepperoni & Cheese, or Just Cheese on a Whole Grain Crust. *pepperoni is made with beef & pork</p> <p>Corn Dog Tasty Chicken Hot Dog baked in whole grain Cornmeal Batter.</p>	<p>Fusion Jr.! Deluxe Pasta Hearty Whole Grain Alfredo Mac 'n' Cheese Topped with an Absolutely Deluxe! Topping of Sausage*, Pepperoni", Black Olives, Fresh Onion & Green Peppers. (*pork -topping is optional and/or with just the veggies)</p> <p>Bean & Cheese Burrito Healthy & Hearty Refried Pinto Beans & Cheddar Cheese in a Whole Grain Tortilla Wrapper</p>	<p>Pork Little Smokies Tasty Little Pork Smokie Links with Whole Grain Flour Tortilla</p> <p>Southwestern Pizza Taco-Seasoned Beef, Cheddar Cheese, and Southwestern Seasoned Tomato Sauce tops a Whole Grain, Crispy Pizza Crust</p>
<p>Fruit, Veggie, & Milk Choices Daily!</p>				
<p>November-6</p> <p>Whole Grain "Zany" Breakfast Bread* Fruit Yogurt</p>	<p>November-7</p> <p>Whole Grain Lemon Scone Fruit Yogurt</p>	<p>November-8</p> <p>Whole Grain Blueberry Breakfast Bar String Cheese</p>	<p>November-9</p> <p>Whole Grain Cinnamon-Oat Breakfast Bar String Cheese</p>	<div style="border: 2px solid orange; padding: 10px; text-align: center;"> <p>Veterans Day observed</p>  </div>
<p>Hot Dog! on a Whole Grain Bun (Hot dogs are made with Turkey)</p> <p>Double Cheese Quesarrito Cheddar & Mozzarella Cheese Stuffed, Whole Grain "Quesarrito" -- A Delicious Quesadilla that looks like a Tasty Rolled Burrito - with Mild Green Chilies</p>	<p>Hamburger or Cheeseburger All Beef Patty, with or without Cheddar Cheese, on whole Grain Bun. Offered with Lettuce & Tomato on the Side</p> <p>Southwestern Pizza Taco-Seasoned Beef, Cheddar Cheese, and Southwestern Seasoned Tomato Sauce tops a Whole Grain, Crispy Pizza Crust</p>	<p>Pizza Pepperoni & Cheese, or Just Cheese on a Whole Grain "Fire-Baked" crust. *pepperoni is made with beef & pork</p> <p>Corn Dog Tasty Chicken Hot Dog baked in whole grain Cornmeal Batter.</p>	<p>Fusion Jr.! Machaca Beef Tacos Seasoned Shredded Beef with chopped, Roasted Onions & Green Peppers offered on Whole Grain Tortillas with Salsa & Lettuce</p> <p>Pepperoni & Cheese Calzone Whole Grain calzone filled with "Pepperoni", Mozzarella & Parmesan Cheeses, and Zesty Italian Tomato Sauce (*made with beef)</p>	
<p>Fruit, Veggie, & Milk Choices Daily!</p>				
<p>November-13</p> <p>Whole Grain Banana Bread Low Fat Pork Breakfast Sausage</p>	<p>November-14</p> <p>Whole Grain Blueberry Breakfast Bar String Cheese</p>	<p>November-15</p> <p>Whole Grain Pancakes with Syrup Fluffy Scrambled Eggs</p>	<p>November-16</p> <p>Whole Grain Cinnamon French Toast Fruit Yogurt</p>	<p>November-17</p> <p>Whole Grain Cinnamon-Oat Breakfast Bar Fruit Yogurt</p>
<p>Chicken Nuggets Whole Grain Chicken Nuggets offered with Crunchy, Whole Grain Cheese Crackers</p> <p>Pepperoni & Cheese Calzone Whole Grain calzone filled with "Pepperoni", Mozzarella & Parmesan Cheeses, and Zesty Italian Tomato Sauce (*made with beef)</p>	<p>Cherry Blossom Chicken Whole Grain "Popcorn Style" Chicken Chunks Glazed with Japanese Style, Sweet & Sour Cherry Sauce Offered with Whole Grain Fried Rice</p> <p>Double Cheese Quesarrito Cheddar & Mozzarella Cheese Stuffed, Whole Grain "Quesarrito" -- A Delicious Quesadilla that looks like a Tasty Rolled Burrito - with Mild Green Chilies</p>	<p>Pizza Pepperoni & Cheese, or Just Cheese on a Whole Grain "Fire-Baked" crust. *pepperoni is made with beef & pork</p> <p>Corn Dog Tasty Chicken Hot Dog baked in whole grain Cornmeal Batter.</p>	<p>Fusion Jr.! Italian Sausage Sub Italian Sausage Link* Topped with Marinara Sauce, Mozzarella & Parmesan Cheeses on a Whole Grain Sub Roll (*pork)</p> <p>Bean & Cheese Burrito Healthy & Hearty Refried Pinto Beans & Cheddar Cheese in a Whole Grain Tortilla Wrapper</p>	<p>Happy Birthday November!! Baked Chicken Favorite Baked Whole Grain, Crispy Battered Chicken. Offered with Whole Grain Krispie Rice Treat to Honor This Month's Birthdays!</p> <p>Southwestern Pizza Taco-Seasoned Beef, Cheddar Cheese, and Southwestern Seasoned Tomato Sauce tops a Whole Grain, Crispy Pizza Crust</p>
<p>Fruit, Veggie, & Milk Choices Daily!</p>				
<p>November-20</p> <p>Whole Grain Pancakes with Syrup Fluffy Scrambled Eggs</p>	<p>November-21</p> <p>Whole Grain Banana Bread Fruit Yogurt</p>	<p>November-22</p> <p>Whole Grain Cinnamon-Oat Breakfast Bar String Cheese</p>	<div style="border: 2px solid orange; padding: 20px; text-align: center;"> <p>Happy Thanksgiving!</p> </div>	
<p>Hamburger or Cheeseburger All Beef Patty, with or without Cheddar Cheese, on whole Grain Bun. Offered with Lettuce & Tomato on the Side</p> <p>Double Cheese Quesarrito Cheddar & Mozzarella Cheese Stuffed, Whole Grain "Quesarrito" -- A Delicious Quesadilla that looks like a Tasty Rolled Burrito - with Mild Green Chilies</p>	<p>~ Harvest Feast ~ Roasted Turkey Tender & Juicy Sliced Roast Turkey Offered with Gravy and Mini Whole Grain Corn Muffin</p> <p>Mashed Potatoes; Orange Pineapple Cherry Swirl 100% Frozen Fruit Juice Cup</p> <p>Corn Dog is also available -Tasty Chicken Hot Dog baked in whole grain Cornmeal Batter.</p>	<p>Pizza Pepperoni & Cheese, or Just Cheese on a Whole Grain "Fire-Baked" crust. *pepperoni is made with beef & pork</p> <p>Bean & Cheese Burrito Healthy & Hearty Refried Pinto Beans & Cheddar Cheese in a Whole Grain Tortilla Wrapper</p>		
<p>Fruit, Veggie, & Milk Choices Daily!</p>				

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<p>November-27</p> <p>Whole Grain Cinnamon French Toast Low Fat Pork Breakfast Sausage</p>	<p>November-28</p> <p>Whole Grain "Zany" Breakfast Bread* Fruit Yogurt</p> <p><small>** Mini Bagel & Cream Cheese offered with Fruit Yogurt, Fruit or Juice, and Milk available Daily at Breakfast **</small></p>	<p>November-29</p> <p>Whole Grain Blueberry Breakfast Bar String Cheese</p>	<p>November-30</p> <p>Whole Grain Cinnamon-Oat Breakfast Bar Fruit Yogurt</p>	<p>December-1</p> <p>Whole Grain Lemon Scone Fruit Yogurt</p>
<p>BBQ Chicken Sliders</p> <p>Shredded Chicken in Zesty BBQ Sauce Offered on Whole Grain Mini "Slider" Rolls</p> <p>Corn Dog</p> <p>Tasty Chicken Hot Dog baked in whole grain Cornmeal Batter.</p>	<p>Italian Meat Sauce & Pasta</p> <p>Italian Meat Sauce with Beef in Seasoned Spaghetti-Marinara Sauce. Offered with Whole Grain Rotini Pasta</p> <p>Bean & Cheese Burrito</p> <p>Healthy & Hearty Refried Pinto Beans & Cheddar Cheese in a Whole Grain Tortilla Wrapper</p>	<p>Pizza</p> <p>Pepperoni & Cheese, or Just Cheese on a Whole Grain "Fire-Baked" crust. *pepperoni is made with beef & pork</p> <p>Double Cheese Quesarrito</p> <p>Cheddar & Mozzarella Cheese Stuffed, Whole Grain "Quesarrito" -- A Delicious Quesadilla that looks like a Tasty Rolled Burrito - with Mild Green Chilies</p>	<p>Fusion Jr.! Chili Dog</p> <p>Homemade Cowboy Chili and Shredded Cheddar Cheese Tops A Tasty Turkey Hot Dog on a Whole Grain Bun</p> <p>Southwestern Pizza</p> <p>Taco-Seasoned Beef, Cheddar Cheese, and Southwestern Seasoned Tomato Sauce tops a Whole Grain, Crispy Pizza Crust</p>	<p>Happy Birthday December!! Baked Chicken</p> <p>Favorite Baked Whole Grain, Crispy Battered Chicken. Offered with Whole Grain Krispie Rice Treat to Honor This Month's Birthdays!</p> <p>Pepperoni & Cheese Calzone</p> <p>Whole Grain calzone filled with Pepperoni*, Mozzarella & Parmesan Cheeses, and Zesty Italian Tomato Sauce (*made with beef)</p>

Fruit, Veggie, & Milk Choices Daily!

2017-2018 Meal Prices	Breakfast	Reduced Price	Lunch	Reduced Price
Pre-K to 5th Grades	\$ 1.25	\$ 0. 25	\$ 2.30	\$ 0. 40
6-7-8th Grades	\$ 1.50	\$ 0. 25	\$ 2.80	\$ 0. 40
Second Student Meal* / Unenrolled Student Meal / Adult Meal - without milk	\$1.75		\$2.85	
Second Student Meal* / Unenrolled Student Meal / Adult Meal - With Milk	\$2.00		\$3.15	

Students must select at least a Half Cup of Fruit or Vegetable with Meals

Milk is available at all Breakfast & Lunch Meals (Low Fat (1%), Fat Free (Skim), and Fat Free Chocolate)

At Breakfast, Whole Grain Mini Bagel(s) & Cream Cheese, offered with Fruit Yogurt is available daily as a second entrée choice. Fruit or Juice available

Any Product May Contain Peanuts / Peanut Oils

Adults may easily set up an Advance Pay Account for their own meals and food purchases but may not use their child's account due to Federal Program Rules & Guidelines

Portions may be adjusted for different grade levels based on the USDA Meal Pattern/Nutrient requirements

*Second meal purchases only available to High School Students due to Arizona State Nutrition Standards

MENU IS SUBJECT TO CHANGE

Tucson Unified School District is committed to a policy of nondiscrimination based on disability, race, color, religion/religious beliefs, sex, sexual orientation, gender identity or expression, age, or national origin.

This policy will prevail in all matters concerning Governing Board, District Employees, Students, the Public Educational Programs and Services and Individuals with whom the Board does business.

Inquiries concerning Title VI, Title VII, Title IX, Section 504, and the Americans with Disabilities Act may be referred to the EEO Compliance Office, 1010 East 10th Street, Tucson, Arizona, 85719 (520)-225-6444 or to the Office of Civil Rights , U.S. Department of Education, Cesar E. Chavez Memorial Building, 1244 Speer Boulevard, Suite 310, Denver, Colorado, 80204-3582.



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