

# Family Resource Centers

## Schedule of Workshops and Events

\*\*Updated September 26, 2017



### Tucson Unified

### *Family Resource Centers*



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Tucson Unified School District  
Family Resource Centers

For more information, go to [tusd1.org](http://tusd1.org)  
and look for this button.



Catalina	Palo Verde	Southwest	Wakefield
<b>Family Resource Center</b>	<b>Family Resource Center</b>	<b>Family Resource Center</b>	<b>Family Resource Center</b>
3645 E. Pima Street	1302 S. Avenida Vega	6855 S. Mark Road	101 W. 44 <sup>th</sup> Street
520.232.8684	520.584.7455	520.908.3980	520.225.3800
<b>Hours of Operation *</b>	<b>Hours of Operation *</b>	<b>Hours of Operation *</b>	<b>Hours of Operation *</b>
M, T, W, F <b>8:00 AM-4:00 PM</b>	T, W, Th, F <b>8:00 AM-4:00 PM</b>	M, T, Th, F <b>8:00 AM-4:00 PM</b>	M, W, Th, F <b>8:00 AM-4:00 PM</b>
Thursday <b>12:00 PM-8:00 PM</b>	Monday <b>12:00 PM-8:00 PM</b>	Wednesday <b>12:00 PM-8:00 PM</b>	Tuesday <b>12:00 PM-8:00 PM</b>

\*Special center hours and closings on page two.

\*\*Schedule updated monthly. Go to [tusd1.org](http://tusd1.org) for the most current version.

***In the TUSD Family Resource Centers, our mission is to promote family engagement through a one-stop center to learn about and access community resources. We are committed to developing family support to enhance students' social and academic achievement.***

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Special Family Resource Center Hours and Closings	
July 3-7, 2017	All centers and District offices closed for business
August 2, 2017	Southwest Center open 9:00 AM-5:00 PM***
August 3, 2017	Catalina Center open 9:00 AM-5:00 PM***
August 25, 2017	All centers open 11:00 AM-4:00 PM
September 1, 2017	All centers open 8:00 AM-2:00 PM
September 4, 2017	All centers closed for Labor Day
September 15, 2017	All centers open 11:00 AM-4:00 PM
October 5, 2017	All centers open 8:00 AM-4:00 PM
October 9-13, 2017	All centers open 8:00 AM-4:00 PM during Fall Break
October 20, 2017	All centers open 11:00 AM-4:00 PM
November 9, 2017	All centers open 8:00 AM-2:00 PM
November 10, 2017	All centers closed in observance of Veterans Day
November 17, 2017	All centers open 11:00 AM-4:00 PM
November 22, 2017	All centers open 8:00 AM-2:00 PM
November 23-24, 2017	All centers closed for Thanksgiving Break
December 15, 2017	All centers open 11:00 AM-4:00 PM
December 21, 2017	All centers open 8:00 AM-4:00 PM
December 22, 2017	All centers open 8:00 AM-2:00 PM
December 25, 2017- January 5, 2018	All centers closed for Winter Break
January 12, 2018	All centers open 8:00 AM-2:00 PM
January 15, 2018	All centers closed for Martin Luther King, Jr. Day
January 19, 2018	All centers open 11:00 AM-4:00 PM
February 16, 2018	All centers open 11:00 AM-4:00 PM
February 21, 2018	All centers open 8:00 AM-2:00 PM
February 22-23, 2018	All centers closed for Rodeo Break
March 15, 2018	All centers open 8:00 AM-4:00 PM
March 16, 2018	All centers open 11:00 AM-4:00 PM
March 19-23, 2018	All centers open 8:00 AM-4:00 PM during Spring Break
March 29, 2018	All centers open 8:00 AM-2:00 PM
March 30, 2018	All centers closed for Spring Holiday
April 20, 2018	All centers open 11:00 AM-4:00 PM
May 18, 2018	All centers open 11:00 AM-4:00 PM
May 24, 2018	All centers open 8:00 AM-4:00 PM
May 25, 2018	All centers open 8:00 AM-2:00 PM
May 28, 2018	All centers closed for Memorial Day
May 29, 2018-June 1, 2018	All centers closed for cleaning and maintenance
June 15, 2017	All centers open 11:00 AM-4:00 PM

\*\*\*All other centers open regularly scheduled hours.

**Family Resource Center services are available to TUSD students and their families, free of charge.**

***Please call the center to register for classes.***

*Childcare is available to TUSD students and siblings for most classes. Please inform staff of the need for childcare when you register. Include the number of children, ages, and any special needs.*

*Interpreter services are available. Please inform staff of the need for an interpreter when you register. Please register at least two weeks in advance if interpreter services are needed.*

### Other services include:

- Open Computer Lab
- Clothing Bank
- Food Pantry (Southwest, Palo Verde, and Wakefield only)
- Assistance with Open Enrollment Applications and Other TUSD Forms
- Information and Referrals

**Family Resource Center staff can answer all your TUSD questions. Call or come by any of the four centers for assistance.**

### Coming Soon

- ADELANTE!** September 30 at U of A, Cesar Chavez Building.  
Call 520.232.8566 for more information
- Parent University** October 21, at PCC, West Campus.  
Call 520.584.7500 for more information.
- Grading Day** October 6
- Fall Break** October 9- 13

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<b>21 Laws of Leadership</b>	Wakefield	Fri	10:00 AM-11:30 AM	10/27/2017	TBD	21	Learn how to make positive changes in yourself and inspire others so you can become leader in your home and in the community.
<b>Active Parenting</b>	Catalina	Mon	10:15 AM-12:15 AM	10/16/2017	11/20/2017	6	<p>This series includes four sessions and one follow-up phone consultation. Free lunch or dinner for the whole family will be provided! All families with perfect attendance will be entered into a raffle for free toys.</p> <p>Learn...</p> <ul style="list-style-type: none"> <li>· Why children behave the way they do</li> <li>· How to teach new skills and behaviors</li> <li>· Tools to manage misbehavior and build positive routines</li> <li>· To plan ahead for high-risk situations (i.e. the grocery store)</li> <li>· Opportunities to practice new strategies</li> </ul> <p><u>Wakefield</u>: No class on 2/19</p>
	Southwest	Wed	5:30PM-8:00PM	11/8/2017	11/29/2017	3	
<b>Advanced Learning Experiences: Presented by TUSD ALE Department</b>	Catalina	Tues	12:00 PM-12:45 PM	10/24/2017	10/24/2017	1	<p>TUSD students have the opportunity to improve academic achievement through equal access to the District's Advanced Learning Experiences. Learn about the advanced learning experiences available to TUSD students, including:</p> <ul style="list-style-type: none"> <li>• Advanced Academic Courses (AAC) <ul style="list-style-type: none"> <li>• Advanced Placement (AP)</li> <li>• International Baccalaureate (IB)</li> </ul> </li> <li>• Dual Credit Courses with Pima Community College and University of Arizona</li> <li>• Gifted and Talented Education (GATE)</li> <li>• University High School (UHS)</li> </ul>
	Palo Verde	Tues	11:15 AM-12:00 PM	10/17/2017	10/17/2017	1	
<b>Alzheimers Information</b>	Wakefield	Fri	10:00 AM-11:00 AM	10/6/2017	10/6/2017	1	Alzheimers: Learn the basics to help others

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<b>American Dream Academy</b>	Catalina	Tues	9:00 AM-11:00 AM	9/12/2017	11/21/2017	10*	<p>Parents and Guardians, learn ways to help your child be successful in school, socially, and within the family! You'll learn how to:</p> <ul style="list-style-type: none"> <li>• Make an Academic Success Plan to be sure your child graduates from high school prepared to enter a university</li> <li>• Motivate your child to do his/her best</li> <li>• Encourage good homework and study skills</li> <li>• Communicate effectively with your child</li> <li>• Establish and maintain firm, fair, and consistent discipline</li> <li>• Prepare for Parent-Teacher Conferences</li> <li>• Make sure your child develops excellent reading skills....and more!</li> </ul> <p><u>Catalina Center:</u> Workshop conducted in Spanish. No class 10/10, due to Fall Break.</p> <p><u>Palo Verde Center:</u> Workshop conducted in Kirundi, Kinyarwanda, and French. No classes on the following dates: 11/27, 12/25, 1/1, 1/8, 1/15.</p> <p><u>Southwest Center:</u> Workshop conducted in Spanish.</p> <p><u>Wakefield Center:</u> Workshop conducted in Spanish. No class on 10/12, due to Fall Break.</p> <p><i>Interpreters available- request interpreter services when you call to register.</i></p>
	Palo Verde	Mon	6:00 PM-8:00 PM	10/30/2017	2/5/2018	10*	
	Southwest	Wed	12:30 PM-2:30 PM	10/18/2017	12/20/2017	10	
	Wakefield	Thur	10:00 AM-12:00 PM	8/17/2017	10/19/2017	10*	
<b>Avoiding Power Struggles: Presented by U of A Cooperative Extension</b>	Catalina	Thur	5:30 PM-7:30 PM	11/2/2017	12/7/2017	4*	<p>This series of four classes provides more in-depth information on dealing with the stressors of parenthood to build upon the Child Behavior Management Series.</p> <ul style="list-style-type: none"> <li>• Learn how to identify and avoid parent traps</li> <li>• Understand the impact of your own behavior on your child</li> <li>• Practice techniques for recognizing and coping with anger</li> </ul> <p>• Focus on ways to maintain changes and problem solve for the future.</p> <p>Free dinner provided for the whole family!</p> <p><u>Catalina:</u> No classes on 11/9 and 11/23.</p> <p><u>Palo Verde:</u> No class on 11/27.</p>
	Palo Verde	Mon	5:30 PM-7:30 PM	11/13/2017	12/11/2017	4*	

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<b>Brainwaves--The Mechanics of Child Development: Presented by U of A Cooperative Extension</b>	Southwest	Wed	5:30 PM-7:30 PM	11/29/2017	12/13/2017	3	<p>This series includes three sessions based on the Brain Builders Curriculum. Free child care and breakfast will be provided!</p> <ul style="list-style-type: none"> <li>• Increase your knowledge of facts and current research in early brain development.</li> <li>• Understand the significant impact you have on your child's developing brain</li> <li>• Identify strategies to guide and strengthen young children</li> </ul>
			10:00 AM-10:45 AM	10/6/2017	10/6/2017	1	
<b>Car Seat Class</b>	Southwest	Fri	10:00 AM-10:45 AM	10/6/2017	10/6/2017	1	<p>The Public Health Emergency Preparedness/Injury Prevention Program will provide a car seat to individuals who attend a car seat class. You <i>must</i> be registered for the class to receive a car seat. To register, contact: Lydia or Hermelinda (520)908-3980 or Feliciano R. Cruz (520)879-6124. <i>Please provide parent name and phone number and the child's birth date and weight when you register.</i> *Participants must be on time for the class to receive a car seat. Latecomers will be asked to reschedule.*</p>
			12:00 PM-12:45 PM	10/20/2017	10/20/2017	1	
<b>Child Behavior Management Series: Presented by U of A Cooperative Extension</b>	Palo Verde	Mon	5:30 PM-7:30 PM	10/16/2017	11/6/2017	4	<p>This series includes four sessions and one follow-up phone consultation. Free lunch or dinner for the whole family will be provided! All families with perfect attendance will be entered into a raffle for free toys.</p> <p>Learn...</p> <ul style="list-style-type: none"> <li>• Why children behave the way they do</li> <li>• How to teach new skills and behaviors</li> <li>• Tools to manage misbehavior and build positive routines</li> <li>• To plan ahead for high-risk situations (i.e. the grocery store)</li> <li>• Opportunities to practice new strategies</li> </ul> <p><u>Wakefield</u>: No class on 2/19</p>
	Wakefield	Mon	11:30 AM-1:30 PM	2/5/2018	2/26/2018	4*	
<b>CHOICES</b>	Palo Verde	Mon	6:00 PM-8:00 PM	10/23/2017	12/11/2017	8	<p>CHOICES helps young people build the capacity to make healthy, logical decisions. Each session will provide participants with an opportunity to learn good decision-making skills, increase dependability, decrease involvement in risky behavior and increase academic achievement. Call the African-American Student Services Department at 520.584.7500 for more information.</p>

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<b>Crochet</b>	Wakefield	Mon Wed	11:30 AM-12:30 PM	7/11/2017	TBD	Ongoing	A workshop by TUSD moms. Make hats, scarves, blankets, or whatever you choose, and make connections with other TUSD parents.
<b>Depression and Anxiety: Presented by U of A Medical Dept.</b>	Wakefield	Thur	10:00 AM-11:30 AM	10/26/2017	10/26/2017	1	Learn to recognize signs of depression and anxiety, and what steps you can take to address these mental health issues.
<b>Eat Well..Be Well: Presented by U of A Cooperative Extension</b>	Wakefield	Mon		12/11/2017	12/11/2017	1	Learn good nutritional habits to help you live a healthy life.
		Wed	10:00 AM-12:00 PM	12/13/2017	12/13/2017	1	
		Thur		12/14/2017	12/14/2017	1	
<b>Employment Education and Training Opportunities for Refugees: Informational Session</b>	Catalina	Tues	11:15 PM-12:15	10/17/2017	10/17/2017	1	A representative from Pima Community College will discuss special supports available to PCC students and prospective students who are refugees, helping these students to participate in and complete courses which can lead to gainful employment.
	Palo Verde	Tue	11:00 AM-12:00 PM	10/3/2017	10/3/2017	1	
<b>Employment Education and Training Opportunities for Refugees: Drop-in Session</b>	Catalina	Thur	5:00 PM-7:00 PM	11/2/2017	11/2/2017	1	A representative from Pima Community College will be on-hand to answer questions about discuss special supports available to PCC students and prospective students who are refugees.
	Palo Verde	Mon	5:30 PM-7:30 PM	10/23/2017	10/23/2017	1	
<b>English for Adults, Fall Semester: Mornings</b>	Southwest	Tues Thur	9:30 AM-11:00 AM	9/26/2017	12/8/2017	19	Learn English as a second language. Space is limited. *No morning classes on 10/9, 10/10, 10/11, 10/12, 11/23. *No evening classes on 11/9 and 11/23.
	Palo Verde	Tues Thur	9:30 AM-11:00 AM	9/21/2017	12/8/2017	20	
	Wakefield	Mon Wed	9:30 AM-11:30 AM	9/6/2017	12/8/2017	Ongoing	
<b>English for Adults: Session 2: Evenings</b>	Catalina	Thur	5:45 PM-7:15 PM	10/26/2017	12/14/2017	6	
	Palo Verde	Mon	5:45 PM-7:15 PM	10/16/2017	12/11/2017	9	

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<b>English for Adults: Registration for Session 2, Evenings</b>	Catalina	Thur	5:45 PM-7:15 PM	10/19/2017	10/19/2017	1	Register for English class and meet the teacher.
	Palo Verde	Mon	5:45 PM-7:15 PM	10/2/2017	10/2/2017	1	
<b>English for Adults: Registration for Session 2, Mornings</b>	Catalina	Mon	8:45 AM-10:00 AM	10/23/2017	10/23/2017	1	
<b>Health Choice Medicare/AHCCCS</b>	Southwest	Wed	4:00PM-5:30 PM	10/18/2017	10/18/2017	1	Medicare and Health Choice informational session.
<b>I Am You 360</b>	Palo Verde	Mon	3:30 PM-5:00 PM	7/10/2017	TBD	Ongoing	Hygiene bag dispensary. Go to <a href="http://www.iamyou360.org">www.iamyou360.org</a> for information qualifications.
		Wed	2:30 PM-4:30 PM				
<b>Kith and Kin</b>	Wakefield	Tues	9:00 AM-11:00 AM*	9/12/2017	12/12/2017	14	A 14 week, informal gathering of folks who care for children in their homes. Receive training, support, and equipment at no cost! This workshop presented in Spanish at Wakefield Center and in English at Southwest Center. *Times are subject to change. Teacher will inform class participants of changes.
	Southwest	Mon	9:00AM-11:00AM	9/11/2017	12/11/2017	14	
<b>Foster Care Workshop: Presented by La Frontera</b>	Southwest	Thur	9:00 AM-10:00 AM	10/26/2017	10/26/2017	1	Learn general information about fostering children.
<b>Line Dancing</b>	Southwest	Wed	6:00 PM-7:30 PM	10/4/2017	10/25/2017	3*	Back by popular demand!! Come and learn some basic line dancing and have some fun!! ** No class on 10/11**

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<b>Open Enrollment: Presented by TUSD School Community Services Department</b>	Wakefield	Mon	11:30-12:30 PM	10/2/2017	10/30/2017	1	Learn about TUSD's Open Enrollment and School Choice opportunities.
<b>Partners in Parenting Education: Presented by U of A Cooperative Extension</b>	Southwest	Wed	5:30 PM-7:30 PM	9/27/2017	11/1/2017	4*	This 4-week workshop will help you learn to better prepare your child for success in school and provides tools to reduce parent stress. Free dinner provided for the whole family! Families with perfect attendance will be entered into a raffle for free toys! *No class 10/11 and 10/25.
<b>Reading Food Labels: Juntos Por La Salud en Tucson</b>	Southwest	Wed	5:00PM-6:00PM	10/18/2017	10/18/2017	1	Learn how to read food labels to make healthy nutritional choices for your family.
<b>Rights and Responsibilities of Citizenship, Session 2</b>	Catalina	Thur	6:00 PM-7:30 PM	10/19/2017	11/26/2017	7	Presented by Pima Count Adult Education PCC has teamed up with Wakefield Family Resource Center to provide educational support for individuals seeking United States citizenship, offering classes in civic engagement, history and government. **Please note: classes will not be held when Family Centers are closed. Check with the instructor or Family Center staff for specific dates.
	Wakefield	Tues		10/3/2017	12/12/2017	10	
<b>Rights and Responsibilities of Citizenship, Session 3</b>	Catalina	Thur	6:00 PM-7:30 PM	1/18/2018	3/8/2018	7	
	Wakefield	Tues		1/16/2018	3/13/2018	10	
<b>Rights and Responsibilities of Citizenship, Session 4</b>	Catalina	Thur	6:00 PM-7:30 PM	4/5/2018	6/14/2018	9	
	Wakefield	Tues		4/3/2018	6/12/2018	10	



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<b>What is Title I? Presented by TUSD Grants and Accountability Department</b>	Wakefield	Mon	11:30-12:30 PM	10/30/2017	10/30/2017	1	What is Title I? Informative workshop to help families understand the purpose of Title I.
		Mon Wed	8:30-9:30 AM	9/1/2017	10/31/2017	Ongoing	
		Tues	5:30-6:30 PM	9/1/2017	10/31/2017	Ongoing	
<b>ZUMBA!</b>	Wakefield	Thur Fri	9:00-10:00 AM	9/1/2017	10/31/2017	Ongoing	Dance your way to fitness! *No class on the following Fridays, 8/25, 9/15, 10/20, 11/17, 12/15, due to late opening.*